

Healing Grief

Presented by

Tamika Dwight-Scott

Masters Gestalt (GTS), Grad Dip Counselling (ACAP),
Adv Dip Gestalt Psychotherapy (TGI), Dip Clinical Hypnotherapy (HTA),
Resource Therapist (RTI), Cert IV Training and Assessment.

1 Day Workshop

When: Friday, 7th April 2017

Time: 9.00 am to 4.30 pm

Where: Club Taree
121 Wingham Road
Taree NSW

Cost: **Non NALAG Member**
\$60.00 (inc GST)

Concessional
\$35.00 (Inc GST)

The attendance fee is inclusive of morning tea, lunch, notes and certificate of attendance.

How to Register:

The NALAG Centre for Loss and Grief require all registrations to be performed using our online system please go to our website www.nalag.org.au

Credit Card/Paypal Payments

To register and pay online using your Credit Card or PayPal Account please go to our website and follow the links.

Pay by Invoice or Cheque

If you require an invoice or wish to pay by cheque please register online via our website and follow the links - at the payment option under Credit Card please select "Offline Payments" and continue as prompted, select invoice or cheque.

If you select invoice you will receive an invoice within 7 days.
If you are paying by cheque you will need to print out your registration confirmation email and attach your cheque made out to NALAG (NSW) Inc and mail to: NALAG Centre for Loss & Grief, PO Box 379, Dubbo NSW 2830.

Bookings can be made by calling Community Health in Taree on 02 6592 9315.

About the Workshop

The death of a loved one leaves us feeling profoundly sad - but we can also feel angry, disoriented, lost, stuck, bitter, confused or bereft of our identity. While the loss of someone dear to us is bound to cause us grief, the shared experience of this workshop can help us traverse this difficult landscape and begin or continue our healing journey.

This workshop will be conducted by Quest for Life in conjunction with the National Association for Loss and Grief (NALAG) NSW. Appreciate the power of clear ethical therapeutic boundaries for successful outcomes.

About the Presenter

Tamika is a qualified Gestalt Psychotherapist, Counsellor, Resource Therapist, Hypnotherapist, Supervisor and Group Facilitator, with many years' experience in supporting survivors of childhood abuse, trauma, grief and loss, hardship and illness. She therefore recognises and fully comprehends the complexities that stem from such life challenges and how these can be overcome.

Tamika has worked on many Quest programs in the role of counsellor and facilitator, offering her passion, experience and commitment to the Quest philosophies and principles.

This program has been kindly supported by FACS, NALAG Mid North Coast Branch, HNE Manning Mental Health Service and Club Taree. Places are limited so please book early.