

Working with loss and grief in palliative care

Presented by
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M.A.Ed., B.S.W
(Hon), R.N.



1 Day Workshop

When: Thursday 26 July 2018

Time: 9.00am - 4.00pm

Where: NALAG
7 Welchman Street
Dubbo NSW 2830

Cost: NALAG Member
\$220 (inc GST)
Non NALAG Member
\$260 (inc GST)

Bookings:
Visit www.nalag.org.au/education

Need more info?
Phone 6882 9222

We all want “quality of life” and a “good death”. But what does that really mean and how can we support our clients and their families on this final journey?

This course focuses on the loss and grief support work for the dying and their families. It incorporates principles of palliative care, which means affirming life and regarding dying as a normal life process. Caring for someone dying with dementia and related loss experiences for the carer and the client will be discussed

Carers are not just challenged with preparing their loved ones to say goodbye to the world they knew, but also are confronted with their own pending losses. Strategies of supporting people to address ‘unfinished business’ will be explored and how to approach ‘difficult conversations’ about the inevitable. Self-care strategies will be identified to ensure we don’t burn out in this very intense work with our clients.

Who should attend this workshop?

Counsellors, psychologists, social workers, occupational therapists, teachers, clergy, interested family members

How to register:

The NALAG Centre for Loss and Grief require all registrations to be performed using our online system, please go to our website www.nalag.org.au/education. Follow the link to pay via credit card/PayPal. If you require an invoice to pay via cheque select the "Offline payment". Cheques can be posted to

NALAG
PO Box 379
Dubbo NSW 2830

Please note: Spaces cannot be reserved without payment—your registration is not confirmed until payment has been received.

Bookings and enquiries

Contact NALAG on 6882 9222 or email contact@nalag.org.au

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An administration fee of 25% of the registration fee will apply to cancellations up to 14 days prior to the workshop. For cancellations 7 to 14 days before the workshop an administration fee of 50% will apply. No refund will be made for cancellations less than 7 days prior to the workshop. A substitute participant can be sent in your place, please advise us of this change.

Learning outcomes:

- Identify different responses to end of life loss
- What do dying people need and what are their expectations and wishes
- Explore and appreciate the issues to be considered when caring for the dying
- Identify some of the social, emotional and spiritual needs of people who are dying
- Assess and support normal grief and loss responses
- Describe the support needed for carers
- Name the principles of supportive communication with the dying.

About the presenter...

Beate is a Clinical Social Worker with over 30 years of experience of counselling, adult education and management experience in community and health settings. In the last 12 years Beate has specialised in loss and grief education/counselling and transition counselling. Beate also currently works as a Social Worker and spiritual wellbeing coordinator in aged and palliative care. She had her first book published in 2017 called *Tech-connect – Staying Meaningfully Connected in Aged Care* addressing the losses that come with the transition into residential care. She is currently completing her Masters degree in Ageing and Pastoral Studies.

