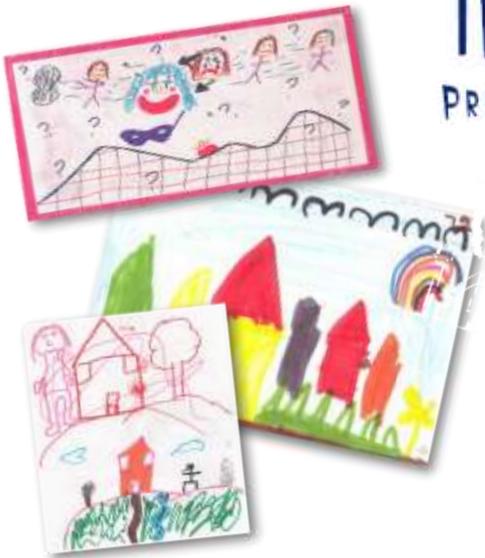


WORKING WITH DRAWINGS IN GRIEF COUNSELLING

PRESENTED BY JULIE DUNSMORE AM, MAPS PSYCHOLOGIST



2 Day Workshop

When: Thursday 12th July 2018
And Friday 13th July 2018

Time: 9.00 am to 4.30 pm

Where: NALAG Centre for Loss & Grief
Welchman Street, Dubbo

Cost:

**\$380.00 (inc GST)
Non NALAG Member**

**\$330.00 (inc GST)
NALAG Member**

The attendance fee is inclusive of morning tea lunch and afternoon tea, notes and certificate of attendance.

Join NALAG today to receive the discount on this seminar. Annual Individual Membership only \$65.00.

The use of drawings and other art work in counselling have been found to be a very gentle but profound way of communicating the grief experience and current life themes for people of all ages.

The power of drawings as a therapeutic tool has been well documented over the years. Creative techniques in therapy have been found to be a potent way of working with children who have been witness to or victims of violence, war and natural disasters. Recent neurobiology research has indicated that creative techniques may assist with the processing of the trauma experience and memory.

Spontaneous and impromptu drawings can be utilized in counselling to enable insight into beliefs, emotional reactions and behaviors of clients that often go unrecognized or unacknowledged by conventional methods. It is a tool that can facilitate the telling of a client's story and assist with communicating the impact, journey and growth trajectories of the experience. It can assist in engaging the client in the therapeutic relationship and assist the therapist to be mindful of key issues and possible barriers to the therapeutic process.

Julie will present the theory of interpretation of drawings, along with selected case studies to demonstrate the power of drawings in the counselling process. Participants will be introduced to various questioning techniques by utilizing their own impromptu drawings on the day and through guided small group work.

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This seminar is suitable for:

Counsellors, psychologists, occupational therapists, social workers, teachers and mental health workers.

How to Register:

Online:

To register and pay online please visit our website

www.nalag.org.au/Pages/education.htm

Contact details:

E: contact@nalag.org.au

Fax: 02 6884 9100

By Mail: PO Box 379, Dubbo NSW 2830

Bookings and Enquiries:

NALAG Centre for Loss & Grief Dubbo

Ph: 02 6882 9222

Or Email: contact@nalag.org.au

NALAG Centre

for Loss & Grief Dubbo

National Association for Loss & Grief (NSW) Inc

PROGRAM

Day 1

9.30 am *REGISTRATION*

10.00 am Introduction

Workshop aims and outcomes

11.00 am *MORNING TEA*

11.30 am Theory of Drawing Interpretation

1.00 pm *LUNCH*

2.00 pm Practical Application of Interpretation of Drawings

3.30 *AFTERNOON TEA*

4.30 Close

Day 2

9.30 am Advanced Drawing Theory

11.00 am *MORNING TEA*

11.30 am Advanced Theory of Drawing Interpretation

1.00 pm *LUNCH*

2.00 pm Advanced Practical Application of Interpretation of Drawings

3.30 *AFTERNOON TEA*

4.30 Close

About the Presenter

Julie Dunsmore AM MAPS Psychologist

Julie is the current President of the National Association for Loss and Grief (NALAG) (NSW) Inc. She has been working as a psychologist in the area of loss grief and trauma for over 30 years. Since 2003 Julie has been the Bali Trauma Recovery Coordinator primarily working with NSW Bali Bombing survivors, bereaved & first responders. She has worked with survivors of the Tsunami and most recently a consultant for those working with the bereaved from the Victorian bushfires, and Queensland floods. Julie is a member of numerous International/Federal/State, expert Advisory/Working Groups on Disaster Management in relation to mental, emotional social health response and supporting victims of terrorism. She has been instrumental in developing emotional social health programs and advocating for resilience building initiatives in communities experiencing adversity.



Julie has had a special interest in working with bereaved parents, adolescents and children. She has worked extensively with those who have experienced traumatic bereavement after a violent / sudden unexpected death, including suicide, murder and accidents. Julie conducts training in the area of Psychological First Aid, PTSD & Complex Grief treatment. She is well recognised for her innovative model of working creatively with those who have experienced trauma & grief.