

Basic Loss & Grief Support Training (Online)



Time:
9.30am - 12.30pm

When:
21 - 23 August 2024
(attendance required on all three mornings)

Where:
ONLINE Via Zoom

Trainer:
Cathy Banks

Grief can feel like being lost in a maze of conflicting emotions. A helping hand and a listening ear can be beneficial in supporting someone to process their grief.

This introductory course equips participants with the skills required to effectively support someone who is grieving.

Learning Outcomes:

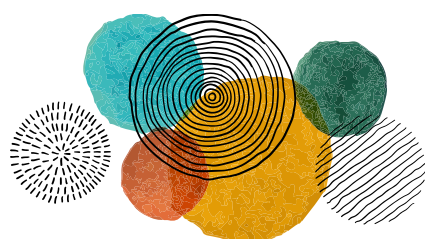
- What is Loss & Grief?
- Explore reactions to loss and the grief process
- What to say and how to care for someone who is grieving
- The role of a grief supporter

Cost: \$350 (inc GST) NON-Member
\$300 (inc GST) Members

Registration Essential: www.nalag.org.au/training

For more information contact:

NALAG Centre for Loss & Grief
Email: info@nalag.org.au **Phone:** 02 6882 9222



NALAG
National Association for
Loss and Grief (NSW) Inc